

Position	Race no.	Name	Gender	Cat	Club	Gun Time	F Pos	M Pos	Cat Pos	Team Pos
1	417	STEPHEN MCCARRON	M	MV40	SALE HARRIERS MANCHESTER	0:43:42		1	1	1
2	405	FINLEY MAYOH	M	MSEN	TRAFFORD ATHLETIC CLUB	0:45:03		2	1	1
3	404	CHRIS DONNELLY	M	MV40	SALE HARRIERS MANCHESTER	0:45:15		3	2	2
4	108	MARK BURLEY	M	MSEN	MACCLESFIELD HARRIERS & AC	0:45:36		4	2	1
5	10	ANDREW CURVIS	M	MSEN	SALE HARRIERS MANCHESTER	0:46:03		5	3	3
6	112	GEORGE LANGFORD	M	MSEN	CHORLTON RUNNERS	0:46:29		6	4	1
7	341	NICK HAMLIN	M	MSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:46:38		7	5	1
8	117	JONATHAN O'DONNELL	M	MSEN	CHORLTON RUNNERS	0:46:44		8	6	2
9	189	SIMON MARWOOD	M	MV40		0:46:51		9	3	1
10	445	PHIL CARPENTER	M	MSEN	STOCKPORT HARRIERS & AC	0:46:56		10	7	1
11	328	ROBERT DUNN	M	MV40	SALE HARRIERS MANCHESTER	0:47:02		11	4	4
12	35	SOPHIE WOOD	F	FSEN	SALE HARRIERS MANCHESTER	0:47:17	1		1	1
13	462	LUKE BIDWELL	M	MSEN	GLOSSOPDALE HARRIERS	0:47:27		12	8	1
14	73	STEVEN MALONE	M	MSEN		0:47:32		13	9	2
15	87	LEE ASHWOOD	M	MV50	DISLEY RUNNERS	0:47:55		14	1	1
16	105	BARRY ARCHBOLD	M	MV50	WILMSLOW RUNNING CLUB	0:48:09		15	2	1
17	91	ROB WHITBY	M	MSEN	MACCLESFIELD HARRIERS & AC	0:48:22		16	10	2
18	129	ANDY BEAVERS	M	MV40	MACCLESFIELD HARRIERS & AC	0:48:29		17	5	3
19	50	HOWARD OLDHAM	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	0:48:34		18	11	1
20	293	ADAM COOPER	M	MSEN	SALFORD HARRIERS & AC	0:49:02		19	12	1
21	4	JAMES WILSON	M	MV40	HUNTINGTHIRTY COACHING	0:49:05		20	6	1
22	195	PETER WILLIAMS	M	MSEN	WILMSLOW STRIDERS	0:49:10		21	13	1
23	298	HENRY ROBINSON	M	MSEN	WEST CHESHIRE ATHLETIC CLUB	0:49:17		22	14	1
24	472	JON CHESHIRE	M	MV40	WILMSLOW RUNNING CLUB	0:49:27		23	7	2
25	481	NATHANAEL BOOKER	M	MSEN	MACCLESFIELD HARRIERS & AC	0:50:03		24	15	4
26	268	OLIVIER GAILLEMIN	M	MV50	SALE HARRIERS MANCHESTER	0:50:25		25	3	5
27	316	SAM DUNGEY	M	MV40	DISLEY RUNNERS	0:50:39		26	8	2
28	95	NICK CHICK	M	MV50	STOCKPORT TRI CLUB	0:50:54		27	4	1
29	466	JAMES SPEEDIE	M	MV40	WILMSLOW RUNNING CLUB	0:51:00		28	9	3
30	13	DAVID HATCH	M	MSEN		0:51:12		29	16	3
31	38	NATHAN MAYOH	M	MV50	BRAMHALL RUNNERS	0:51:14		30	5	1
32	451	VIC WALSH	M	MV40	BELLE VUE RACERS	0:51:21		31	10	1
33	325	PAUL GRIFFITHS	M	MV50	CHORLTON RUNNERS	0:51:26		32	6	3
34	428	MATT GITTINS	M	MV40	DIDSBURY RUNNERS	0:51:45		33	11	1
35	139	NEIL PETTIE	M	MV50		0:51:55		34	7	4
36	463	JASON FOWLER	M	MV40	BRAMHALL RUNNERS	0:51:59		35	12	2
37	99	JUSTIN GOULDING	M	MV40	ZAC ATTACK	0:52:01		36	13	1
38	343	TRACY ROGERS	F	FSEN	BUCKLEY RC	0:52:07	2		2	1
39	59	GRAHAM SCRAAWN	M	MV50	WILMSLOW RUNNING CLUB	0:52:40		37	8	4
40	426	MICHAEL BERKS	M	MV40	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:52:57		38	14	2
41	450	ROGER THOMAS	M	MV50	CHORLTON RUNNERS	0:53:06		39	9	4
42	98	PETE WALL	M	MV40		0:53:12		40	15	5
43	476	GED MCGRATH	M	MV40	STOCKPORT HARRIERS & AC	0:53:18		41	16	2
44	440	MATTHEW TAYLOR	M	MV40	WILMSLOW RUNNING CLUB	0:53:21		42	17	5
45	422	BARNABY COX	M	MV40	WILMSLOW STRIDERS	0:53:37		43	18	2
46	197	MIKE ASHBY	M	MV40	SALE HARRIERS MANCHESTER	0:53:49		44	19	6
47	71	PHILIP BURNS	M	MV40	STOCKPORT HARRIERS & AC	0:54:05		45	20	3
48	28	ANDREW WHITTINGHAM	M	MV50	WILMSLOW RUNNING CLUB	0:54:16		46	10	6
49	86	ROB MCMURDO	M	MSEN		0:54:19		47	17	6

50	291	SIMON TAYLOR	M	MV40	DARWEN DASHERS RC	0:54:23		48	21	1
51	432	FAYE WATERHOUSE	F	FSEN	STOCKPORT HARRIERS & AC	0:54:26	3		3	1
52	44	DANIEL MCMANUS	M	MSEN		0:54:34		49	18	7
53	125	EDWARD CREDLAND	M	MSEN	POYNTON RUNNERS	0:54:37		50	19	1
54	153	JAMES ROBINSON	M	MSEN		0:54:53		51	20	8
55	206	TOM MARKOWICZ	M	MV40		0:54:56		52	22	9
56	114	PAUL WRAITH	M	MV40		0:55:18		53	23	10
57	74	ANDY BAGULEY	M	MV40	CHORLTON RUNNERS	0:55:20		54	24	5
58	396	BRUCE ROBERTS	M	MSEN	STOCKPORT HARRIERS & AC	0:55:22		55	21	4
59	32	PAUL ROGERS	M	MV40	HYDE VILLAGE STRIDERS	0:55:30		56	25	1
60	274	PETE NEILD	M	MV40		0:55:32		57	26	11
61	403	BEN WOLSTENHOLME	M	MSEN	BRAMHALL RUNNERS	0:55:35		58	22	3
62	475	NICK LANSDALE	M	MV40		0:55:39		59	27	12
63	254	JAMES MCMURDO	M	MV40	MACCLESFIELD HARRIERS & AC	0:55:41		60	28	5
64	251	ANDREW LEE	M	MV50	POYNTON RUNNERS	0:55:44		61	11	2
65	168	NICK JACKSON	M	MV50	WILMSLOW RUNNING CLUB	0:55:49		62	12	7
66	170	TOM BENTLEY	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	0:55:59		63	29	2
67	380	BEN CROSSLEY	M	MSEN	VEGAN RUNNERS UK	0:56:07		64	23	1
68	349	SIMON OWEN	M	MV40	PENNINE FELL RUNNERS	0:56:09		65	30	1
69	377	FRANCES KENNEY	F	FV40	WILMSLOW RUNNING CLUB	0:56:25	4		1	1
70	101	IAN KRAMER	M	MV50	BELLE VUE RACERS	0:56:36		66	13	2
71	470	JAMES ATKISS	M	MV50	CHORLTON RUNNERS	0:56:44		67	14	6
72	97	JUSTIN CLEARY	M	MSEN	CHORLTON RUNNERS	0:56:49		68	24	7
73	313	JOHN PEEL	M	MV40	PENNINE FELL RUNNERS	0:56:54		69	31	2
74	203	PAUL BARRETT	M	MV40	SALE HARRIERS MANCHESTER	0:56:59		70	32	7
75	20	SIMON STONEHOUSE	M	MV50	STOCKPORT HARRIERS & AC	0:57:00		71	15	5
76	258	BEN BRINDLEY	M	MV40	RUNNING BEAR	0:57:03		72	33	1
77	364	SAM MARKOWICZ	M	MSEN		0:57:06		73	25	13
78	156	BENJAMIN LEWIS	M	MSEN		0:57:06		74	26	14
79	430	RICHARD BROWN	M	MV50	SALE HARRIERS MANCHESTER	0:57:10		75	16	8
80	385	GAZ TOOTLE	M	MV40	RUN SANDYMOOR	0:57:15		76	34	1
81	419	MICHAEL MCLAUGHLIN	M	MV40	STYAL RUNNING CLUB	0:57:24		77	35	1
82	308	PETER DEAN	M	MV40	STOCKPORT HARRIERS & AC	0:57:26		78	36	6
83	397	PAUL MINTON	M	MSEN	EAST CHESHIRE HARRIERS & TAMESIDE AC	0:57:28		79	27	3
84	267	DENNIS THOMAS	M	MV40	EAST CHESHIRE HARRIERS & TAMESIDE AC	0:57:31		80	37	4
85	281	DAMON STORER	M	MSEN	BRAMHALL RUNNERS	0:57:44		81	28	4
86	121	ALANNAH BIRTWISTLE	F	FSEN	MACCLESFIELD HARRIERS & AC	0:57:49	5		4	1
87	5	ROB LILLEY	M	MV50	POYNTON RUNNERS	0:57:55		82	17	3
88	337	PAUL GRAVENEY	M	MV50	STOCKPORT TRI CLUB	0:57:59		83	18	2
89	427	DAVID LIVINGSTONE	M	MV50	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:58:05		84	19	3
90	176	ROBERT HEATHCOTE	M	MV40		0:58:22		85	38	15
91	453	ANDREW MAINWARING	M	MV40		0:58:24		86	39	16
92	47	ANDY ADKIN	M	MV40	CHORLTON RUNNERS	0:58:25		87	40	8
93	409	JOHN MOORE	M	MV60	GOYT VALLEY STRIDERS	0:58:26		88	1	1
94	52	RYAN GANOSE	M	MSEN	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:58:26		89	29	4
95	191	ADAM COSTELLO	M	MSEN		0:58:27		90	30	17
96	297	IAN SHARPE	M	MV50	CHORLTON RUNNERS	0:58:33		91	20	9
97	188	CHRIS MATTHEWS	M	MV40		0:58:34		92	41	18
98	257	PHILIP CUTHBERT	M	MV50	WALLASEY ATHLETIC CLUB	0:58:35		93	21	1
99	263	ANDY NICOL	M	MV50	CHORLTON RUNNERS	0:58:42		94	22	10

100	262	KATALIN SZABO	F	FV40	CHORLTON RUNNERS	0:58:44	6		2	1
101	420	MATT NEILSON	M	MSEN		0:58:50		95	31	19
102	444	REBECCA FITZSIMMONS	F	FSEN	CHORLTON RUNNERS	0:58:56	7		5	2
103	478	PETE OGLEY	M	MV50	MARPLE RUNNERS	0:59:03		96	23	1
104	382	STEPHEN BRUNDRETT	M	MV50	BRAMHALL RUNNERS	0:59:08		97	24	5
105	143	ALICE WELCH	F	FV40	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	0:59:15	8		3	1
106	116	FRANCESCA BALE	F	FSEN	CHORLTON RUNNERS	0:59:20	9		6	3
107	335	DANIEL PRITCHARD	M	MSEN		0:59:23		98	32	20
108	66	RICHARD APPLEWHITE	M	MV40	MACCLESFIELD HARRIERS & AC	0:59:25		99	42	6
109	183	OLIVER SIMPSON	M	MSEN		0:59:27		100	33	21
110	457	WILLIAM PRITCHARD	M	MSEN	PENNINE FELL RUNNERS	0:59:41		101	34	3
111	351	LOK LI	M	MV50	BRAMHALL RUNNERS	0:59:47		102	25	6
112	259	TOM MCGAFF	M	MV60	WILMSLOW RUNNING CLUB	0:59:51		103	2	8
113	479	NICK PARKER	M	MV40		0:59:58		104	43	22
114	310	MICHAEL THORLEY	M	MV50	MACCLESFIELD HARRIERS & AC	1:00:13		105	26	7
115	439	ZAIN KARIM	M	MSEN	BRAMHALL RUNNERS	1:00:25		106	35	7
116	111	NEIL BIRKS	M	MV40	PENNINE FELL RUNNERS	1:00:30		107	44	4
117	253	RICHARD ADAMS	M	MV40	BRAMHALL RUNNERS	1:00:41		108	45	8
118	104	ADAM NEALE	M	MV50	CHESHIRE HILL RACERS	1:00:49		109	27	1
119	119	TAMARA LYON	F	FV40		1:00:50	10		4	1
120	118	CHERYL NODEN	F	FV40	MACCLESFIELD HARRIERS & AC	1:00:50	11		5	2
121	300	COLIN SHORE	M	MV50	STOCKPORT TRI CLUB	1:00:50		110	28	3
122	198	TOM BIRTLES	M	MV40		1:01:02		111	46	23
123	204	STEVE GRACE	M	MV40	MARPLE RUNNERS	1:01:21		112	47	2
124	187	EMMA MASON	F	FSEN	MACCLESFIELD HARRIERS & AC	1:01:25	12		7	3
125	386	CHARLIE SINGLETON	M	MV40	RUN SANDYMOOR	1:01:31		113	48	2
126	340	BEN CHAFFEY	M	MV40	DISLEY RUNNERS	1:01:38		114	49	3
127	177	JAMES BRISBANE	M	MV50	BRAMHALL RUNNERS	1:01:40		115	29	9
128	100	CHRIS SHEARLOCK	M	MV50		1:01:42		116	30	24
129	45	IVAN WHIGHAM	M	MV60	GOYT VALLEY STRIDERS	1:01:43		117	3	2
130	414	DAVID BOOTH	M	MV40	MACCLESFIELD HARRIERS & AC	1:01:45		118	50	8
131	345	HANNAH HARDING	F	FV40	CONGLETON HARRIERS	1:01:51	13		6	1
132	8	PETER BAXTER	M	MV50		1:01:54		119	31	25
133	355	JENNIE STEVENS	F	FV40	DARK PEAK FELL RUNNERS	1:02:00	14		7	1
134	271	ANDREA LYNES	F	FV50	MACCLESFIELD HARRIERS & AC	1:02:02	15		1	4
135	458	DAN CROFT	M	MV50	MACCLESFIELD HARRIERS & AC	1:02:07		120	32	9
136	58	STEVE SHAUGHNESSY	M	MV60	STOCKPORT HARRIERS & AC	1:02:08		121	4	7
137	359	BARRY DILLON	M	MV40	MACCLESFIELD HARRIERS & AC	1:02:09		122	51	10
138	256	ELLA HOWELLS	F	FSEN	WILMSLOW RUNNING CLUB	1:02:11	16		8	2
139	418	IAN WILLIAMSON	M	MV50	CHORLTON RUNNERS	1:02:16		123	33	11
140	366	DEIRDRE MCCARTHY	F	FV40	MANCHESTER TRIATHLON CLUB	1:02:20	17		8	1
141	207	GABBY LE GEYT	F	FSEN	MACCLESFIELD HARRIERS & AC	1:02:29	18		9	5
142	346	ANTHONY HARDING	M	MV40	CONGLETON HARRIERS	1:02:35		124	52	1
143	79	JAMES FAIRCLOUGH	M	MSEN	BRAMHALL RUNNERS	1:02:36		125	36	10
144	437	NIGEL SEDMAN	M	MV50		1:02:41		126	34	26
145	124	GORDON CONWAY	M	MSEN	KNUTSFORD TRI CLUB	1:02:53		127	37	1
146	179	IAN BOWKER	M	MV50	MARPLE RUNNERS	1:02:55		128	35	3
147	455	SALLY DEWHIRST	F	FSEN	BELLE VUE RACERS	1:03:10	19		10	1
148	136	GARY ROGERSON	M	MV50	MACCLESFIELD HARRIERS & AC	1:03:13		129	36	11
149	459	ANDREW HORROCKS	M	MV40		1:03:14		130	53	27

150	57	HARRIET HAMILTON	F	FV40	SALE HARRIERS MANCHESTER	1:03:17	20		9	2
151	178	MATTHEW ASHER	M	MSEN		1:03:39		131	38	28
152	131	STEVE LOMAS	M	MV50	MACCLESFIELD HARRIERS & AC	1:03:47		132	37	12
153	269	HOLLIE STEED	F	FSEN	DIDSBURY RUNNERS	1:03:59	21		11	1
154	416	BEV JACKSON	F	FV50	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	1:04:02	22		2	2
155	290	ADAM POTTS	M	MV50	BRAMHALL RUNNERS	1:04:05		133	38	11
156	421	ANDY RENSHAW	M	MV40		1:04:06		134	54	29
157	327	GARETH JONES	M	MV40	STOCKPORT TRI CLUB	1:04:10		135	55	4
158	342	CHRIS BOWMAN	M	MV40	STOCKPORT TRI CLUB	1:04:11		136	56	5
159	435	SAMANTHA THOMAS	F	FV50	STOCKPORT HARRIERS & AC	1:04:16	23		3	2
160	413	ANDY CORDES	M	MV50	STOCKPORT HARRIERS & AC	1:04:20		137	39	8
161	402	JOEL GROCOCK	M	MV40		1:04:27		138	57	30
162	82	JOANNA MACGOWAN	F	FV50		1:04:32	24		4	2
163	312	VICKY SMITH	F	FV40		1:04:36	25		10	3
164	23	ZOE COLMAN	F	FV40	BOLLINGTON HARRIERS	1:04:37	26		11	1
165	96	DOMINIC BUCKLEY	M	MV40	CHORLTON RUNNERS	1:04:41		139	58	12
166	408	STEPHEN GREAVES	M	MV50	WILMSLOW RUNNING CLUB	1:04:47		140	40	9
167	480	STEVE HILLIER	M	MV40	WEST CHESHIRE ATHLETIC CLUB	1:04:53		141	59	2
168	287	IAN BUCKLEY	M	MV40		1:04:55		142	60	31
169	190	DANIEL JACKSON	M	MV40	CONGLETON HARRIERS	1:04:56		143	61	2
170	272	MATTHEW JONES	M	MSEN		1:04:58		144	39	32
171	36	MICHELLE FARRELL	F	FV40	GOG TRIATHLON CLUB	1:04:59	27		12	1
172	137	LEE JONES	M	MV50	BRAMHALL RUNNERS	1:05:03		145	41	12
173	378	MARK SMITH	M	MV50	STOCKPORT HARRIERS & AC	1:05:15		146	42	9
174	76	NEAL WAINWRIGHT	M	MV40	CHORLTON RUNNERS	1:05:18		147	62	13
175	329	MICHAEL RANDLE	M	MSEN		1:05:19		148	40	33
176	314	CATHERINE FARRINGTON	F	FV40	SANDBACH STRIDERS	1:05:21	28		13	1
177	157	GARY DANIELS	M	MV40	CHORLTON RUNNERS	1:05:33		149	63	14
178	387	ANDREW BELL	M	MV60	STOCKPORT HARRIERS & AC	1:05:47		150	5	10
179	261	CHRIS DELANEY	M	MV40		1:05:52		151	64	34
180	11	MARC SINCLAIR	M	MSEN		1:05:57		152	41	35
181	280	ANDY BRADLEY	M	MV50	CLAYTON-LE-MOORS HARRIERS	1:06:00		153	43	1
182	415	CATHY ATKINSON	F	FV50	MANCHESTER TRIATHLON CLUB	1:06:07	29		5	2
183	123	SEAN ADAMS	M	MV50	GOYT VALLEY STRIDERS	1:06:08		154	44	3
184	344	NICHOLAS GALPIN	M	MV40	CHORLTON RUNNERS	1:06:08		155	65	15
185	17	CLAIRE GRIMMER	F	FV40	KNUTSFORD TRI CLUB	1:06:26	30		14	1
186	68	SAM HUTCHINSON	M	MV40	PENNINE FELL RUNNERS	1:06:28		156	66	5
187	208	HARRIET ROUS	F	FSEN	YOUR FRIENDLY RUNNERS	1:06:31	31		12	1
188	363	MARK WALL	M	MV40		1:06:34		157	67	36
189	384	ZULMA EDMONDSON	F	FV40	CHORLTON RUNNERS	1:06:40	32		15	4
190	166	JOHN SLEIGH	M	MV40		1:06:47		158	68	37
191	165	PHIL WILCOXON	M	MV60	BELLE VUE RACERS	1:06:48		159	6	3
192	277	SARAH WAITE	F	FV40	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	1:06:58	33		16	3
193	167	JAMES CARTER	M	MSEN		1:07:00		160	42	38
194	360	ROB GORTON	M	MSEN	MACCLESFIELD HARRIERS & AC	1:07:09		161	43	13
195	93	EMMA BANISTER	F	FV50	CHORLTON RUNNERS	1:07:10	34		6	5
196	348	MATTHEW WALSH	M	MSEN		1:07:25		162	44	39
197	90	GRAEME MARSDEN	M	MV60	DISLEY RUNNERS	1:07:28		163	7	4
198	425	KIM ROGERS	F	FSEN	BRAMHALL RUNNERS	1:07:34	35		13	1
199	69	ELEANOR ROBINSON	F	FV50	WEST CHESHIRE ATHLETIC CLUB	1:07:36	36		7	1

200	379	PAUL BALFE	M	MV50	DISLEY RUNNERS	1:07:41		164	45	5
201	113	ALICE BANBURY MORGAN	F	FSEN		1:08:06	37		14	4
202	19	JOHN BAILEY	M	MV40	MARPLE RUNNERS	1:08:08		165	69	4
203	72	JACKSON MATHEE	M	MSEN	MACCLESFIELD HARRIERS & AC	1:08:13		166	45	14
204	252	STEVE RAWLINS	M	MV40	CHORLTON RUNNERS	1:08:15		167	70	16
205	296	ANDREW TOMLINSON	M	MV40	WILMSLOW STRIDERS	1:08:27		168	71	3
206	92	LISA CAPES	F	FSEN	MARPLE RUNNERS	1:08:29	38		15	1
207	295	ANDREW NEILSON	M	MSEN	WILMSLOW STRIDERS	1:08:31		169	46	4
208	194	DANIEL BURTON	M	MV50		1:08:32		170	46	40
209	186	MATTHEW DAY	M	MV40	GOYT VALLEY STRIDERS	1:08:34		171	72	4
210	33	WILLIAM SNELL	M	MV50	POYNTON RUNNERS	1:08:35		172	47	4
211	283	TOBY POGSON	M	MV50	CHESTER TRIATHLON CLUB	1:08:35		173	48	1
212	338	MILES COKER	M	MV50		1:08:39		174	49	41
213	429	IAN DIXON	M	MV50	BRAMHALL RUNNERS	1:08:47		175	50	13
214	302	MICHAEL HAMILTON	M	MSEN	POYNTON RUNNERS	1:08:48		176	47	5
215	49	ANGELA OLDHAM	F	FV70	EAST CHESHIRE HARRIERS & TAMESIDE AC	1:08:50	39		1	1
216	361	GORDON SHARP	M	MV60	LYME RUNNERS	1:08:51		177	8	1
217	399	EISHO SINCLAIR	M	MV50	MACCLESFIELD HARRIERS & AC	1:08:57		178	51	15
218	307	MIKE GERRARD	M	MV50	SANDBACH STRIDERS	1:09:00		179	52	1
219	202	DAVID AYRTON	M	MV40	TOTLEY AC	1:09:32		180	73	1
220	443	KIM DAVIES	F	FV40	BRAMHALL RUNNERS	1:09:40	40		17	2
221	350	CHRIS TRASK	M	MV50	BRAMHALL RUNNERS	1:09:40		181	53	14
222	55	MATT LEES	M	MV50	BOLLINGTON HARRIERS	1:09:42		182	54	1
223	192	TOM KEELY	M	MV50	ACHILLE RATTI CLIMBING CLUB	1:10:17		183	55	1
224	331	TIMOTHY NELSON	M	MSEN		1:10:34		184	48	42
225	149	KAREN LITTLE	F	FV40	RUNNING BEAR	1:10:49	41		18	1
226	120	JO SAMPSON	F	FSEN	BRAMHALL RUNNERS	1:10:54	42		16	3
227	317	JENNY BLACK	F	FSEN		1:11:02	43		17	5
228	333	NICOLA PENNINGTON	F	FV50	PENNINE FELL RUNNERS	1:11:04	44		8	1
229	303	SARAH DANIELS	F	FV40	CHORLTON RUNNERS	1:11:05	45		19	6
230	336	STEVE MCGOVERN	M	MV40	BRAMHALL RUNNERS	1:11:06		185	74	15
231	286	SAN BUCKLEY	F	FV50		1:11:06	46		9	6
232	260	THOMAS CLARKE	M	MV50	EAST CHESHIRE HARRIERS & TAMESIDE AC	1:11:10		186	56	5
233	193	MATTHEW HOWARD	M	MV40		1:11:17		187	75	43
234	438	NICOLA COMBS	F	FSEN	BRAMHALL RUNNERS	1:11:35	47		18	4
235	352	ROB WAKEFIELD	M	MV40		1:11:39		188	76	44
236	54	SARAH RENSHAW	F	FV40	CHORLTON RUNNERS	1:11:55	48		20	7
237	448	MIKE PEASE	M	MV40	BRAMHALL RUNNERS	1:11:58		189	77	16
238	110	MARTIN ROUS	M	MV50	CONGLETON HARRIERS	1:12:12		190	57	3
239	299	NIKKI CHAMBERLAIN	F	FV50	KNUTSFORD TRI CLUB	1:12:18	49		10	2
240	284	SUZANNE ROEBUCK	F	FV50	CONGLETON HARRIERS	1:12:18	50		11	2
241	276	NICK HEATON	M	MV50	BRAMHALL RUNNERS	1:12:26		191	58	17
242	449	MIKE HALL	M	MV60	BRAMHALL RUNNERS	1:12:29		192	9	18
243	431	JAMES MCVEIGH	M	MV50	DISLEY RUNNERS	1:12:50		193	59	6
244	89	PAUL MCDAID	M	MV50	HEALD GREEN RUNNERS	1:12:55		194	60	1
245	213	IAIN BUTLER	M	MV60		1:12:59		195	10	45
246	434	PAUL CARRINGTON	M	MV50	STOCKPORT TRI CLUB	1:13:00		196	61	6
247	356	LOUISE ABEDIN	F	FV40	BRAMHALL RUNNERS	1:13:01	51		21	5
248	173	JOCELYN GRANGER	F	FV60	STAFFORDSHIRE MOORLANDS AC	1:13:06	52		1	1
249	12	MARK BROOKES	M	MSEN		1:13:07		197	49	46

250	29	BERNARD MCCARRON	M	MV50	MACCLESFIELD HARRIERS & AC	1:13:09		198	62	16
251	53	CHELSEA MEARS-GRAHAM	F	FSEN	MARPLE RUNNERS	1:13:09	53		19	2
252	46	TIM BLACKWELL	M	MV40	CHORLTON RUNNERS	1:13:18		199	78	17
253	31	CONOR VALLELLY	M	MV40	BELLE VUE RACERS	1:13:18		200	79	4
254	412	SALLY MEATS	F	FV50	STOCKPORT HARRIERS & AC	1:13:21	54		12	3
255	201	RICHARD BULMER	M	MV50	TOTLEY AC	1:13:22		201	63	2
256	40	ELAINE PETTIE	F	FV40	MACCLESFIELD HARRIERS & AC	1:13:23	55		22	6
257	347	MIKE TAYLOR	M	MSEN	MARPLE RUNNERS	1:13:28		202	50	5
258	140	AMY BILLING	F	FV40	STOCKPORT HARRIERS & AC	1:13:30	56		23	4
259	275	HANNAH ARNOT	F	FSEN		1:13:33	57		20	7
260	406	JAMIE BLUNDEN	M	MSEN		1:13:33		203	51	47
261	468	ALEXANDRA MITCHELL	F	FV40		1:13:34	58		24	8
262	469	ANDREW SEDDON	M	MSEN		1:13:34		204	52	48
263	41	MAUREEN WILKINS	F	FV50	STOCKPORT HARRIERS & AC	1:13:38	59		13	5
264	80	DUNCAN DICKIE	M	MV50		1:13:39		205	64	49
265	132	ALAN BOCKING	M	MV70	CHESHIRE HILL RACERS	1:13:47		206	1	2
266	401	KATE MILLS	F	FV40	MACCLESFIELD HARRIERS & AC	1:13:49	60		25	7
267	264	DARRAN WILSON	M	MV50	RUN SANDYMOOR	1:13:55		207	65	3
268	285	DEBBIE HILL	F	FV60	CONGLETON HARRIERS	1:14:07	61		2	3
269	266	KATE COYNE	F	FV40	BOLLINGTON HARRIERS	1:14:28	62		26	2
270	88	CHRISTINA EMERSON	F	FV50		1:14:31	63		14	9
271	152	CLARE GRIFFIN	F	FV50	MACCLESFIELD HARRIERS & AC	1:14:41	64		15	8
272	27	KATHRYN WHITTINGHAM	F	FSEN		1:14:45	65		21	10
273	26	PHILIPPA WHITTINGHAM	F	FV50	WILMSLOW STRIDERS	1:14:45	66		16	1
274	172	RACHEL BARNES	F	FV40	SMILEY PACES	1:14:53	67		27	1
275	171	NIGEL BARNES	M	MV50		1:14:54		208	66	50
276	332	PHIL TRUBSHAW	M	MSEN		1:15:21		209	53	51
277	305	BARRIE SCHOFIELD	M	MSEN		1:15:26		210	54	52
278	200	ALICE TRAVERS	F	FSEN		1:15:40	68		22	11
279	70	PAUL FARRINGTON	M	MV50	STOCKPORT TRI CLUB	1:15:45		211	67	7
280	454	NATALIE JACKSON	F	FSEN		1:15:47	69		23	12
281	122	BEN BRADLEY	M	MSEN		1:15:49		212	55	53
282	154	MATTHEW ROBERTS	M	MV50	LONELY GOAT RC	1:15:57		213	68	1
283	376	ETIENNE HUMPHRIES	M	MV40	CHORLTON RUNNERS	1:16:01		214	80	18
284	18	NICK ROBERTS	M	MV50	STOCKPORT TRI CLUB	1:16:02		215	69	8
285	142	ANDREW QUIGLEY	M	MV40		1:16:06		216	81	54
286	67	MICHAEL HARTE	M	MV50	STOCKPORT TRI CLUB	1:16:08		217	70	9
287	199	ALEXANDRA HODBY	F	FV40	DISLEY RUNNERS	1:16:09	70		28	1
288	282	PAUL COWELL	M	MV50	BRAMHALL RUNNERS	1:16:12		218	71	19
289	205	PETER ADAMS	M	MV50	STAFFORDSHIRE MOORLANDS AC	1:16:13		219	72	1
290	85	BECCA MENZLER	F	FSEN		1:16:27	71		24	13
291	211	MEGAN DAVIES	F	FSEN		1:16:30	72		25	14
292	279	KAREN CHARTERS	F	FV50		1:16:37	73		17	15
293	65	CATH APPLEWHITE	F	FV50	RUN KNUTSFORD	1:16:44	74		18	1
294	6	LIZ LILLEY	F	FV50		1:17:08	75		19	16
295	289	MARK WILSON	M	MV50		1:17:09		220	73	55
296	61	PIPPA PRICE	F	FV50	RUNNING BEAR	1:17:10	76		20	2
297	155	PAUL WOOD	M	MV60	LONELY GOAT RC	1:17:18		221	11	2
298	315	MADDY CARTER	F	FSEN		1:17:19	77		26	17
299	162	RICH MCVEY	M	MSEN	CHORLTON RUNNERS	1:17:31		222	56	19

300	309	MOLLY GILMARTIN	F	FSEN		1:17:32	78		27	18
301	393	SIMON JACK	M	MSEN		1:17:32		223	57	56
302	390	HARRIET ATKIN	F	FSEN	MATLOCK ATHLETIC CLUB	1:17:33	79		28	1
303	410	MARK GILLIGAN	M	MV40		1:17:39		224	82	57
304	164	MARK ATHERTON	M	MV50		1:17:44		225	74	58
305	180	OSCAR TREVENA	M	MSEN	MACCLESFIELD HARRIERS & AC	1:17:49		226	58	17
306	39	HAZEL CASWELL	F	FSEN		1:17:56	80		29	19
307	311	MIKE DUNCOMBE	M	MV60	ALTRINCHAM & DISTRICT ATHLETIC CLUB LIMITED	1:18:15		227	12	5
308	169	CRAIG TURNER	M	MV50	MANCHESTER HARRIERS & AC	1:18:18		228	75	1
309	175	GRACE HUNT	F	FSEN		1:18:18	81		30	20
310	473	KATIE MURRAY	F	FSEN		1:18:31	82		31	21
311	354	SAM KING	M	MSEN		1:18:31		229	59	59
312	181	SIMON LEES	M	MV50	POYNTON RUNNERS	1:18:33		230	76	6
313	330	ANDREW JACKSON	M	MSEN		1:18:35		231	60	60
314	75	ALISON WAINWRIGHT	F	FV40	CHORLTON RUNNERS	1:19:12	83		29	8
315	94	ELISABETH LEWIS	F	FV40	CHORLTON RUNNERS	1:19:13	84		30	9
316	174	P HUNT	M	MV60	GOYT VALLEY STRIDERS	1:19:17		232	13	5
317	353	IZZIE BLISSETT	F	FSEN	MARPLE RUNNERS	1:19:18	85		32	3
318	436	SALLY CHEETHAM	F	FV50	BELLE VUE RACERS	1:19:20	86		21	2
319	60	JANET SCREAWN	F	FV50	WILMSLOW RUNNING CLUB	1:19:21	87		22	3
320	467	PAUL BLISSETT	M	MV50	MARPLE RUNNERS	1:19:22		233	77	6
321	130	NADIA HAMILTON-RAINEY	F	FV40	BELLE VUE RACERS	1:19:26	88		31	3
322	83	ANDREW DEVIC	M	MV60		1:19:28		234	14	61
323	146	MARK GODDEN	M	MV60	MACCLESFIELD HARRIERS & AC	1:19:31		235	15	18
324	24	ANDREW CHAPLIN	M	MV60	BOLLINGTON HARRIERS	1:19:56		236	16	2
325	411	VIV QUIGLEY	F	FV40		1:19:59	89		32	22
326	465	MIKE WALSH	M	MSEN	BRAMHALL RUNNERS	1:20:21		237	61	20
327	358	AMELIA VINE	F	FSEN		1:20:22	90		33	23
328	452	RICK HEYES	M	MV40		1:21:03		238	83	62
329	464	KIRSTIN PRAGER	F	FV50		1:21:06	91		23	24
330	365	ANDREA BUCKINGHAM	F	FV50	BRAMHALL RUNNERS	1:21:15	92		24	6
331	442	HEATHER ROONEY	F	FV50	LYME RUNNERS	1:21:17	93		25	1
332	441	PAUL ROONEY	M	MV50		1:21:17		239	78	63
333	30	JERRY SMITH	M	MV60	CHORLTON RUNNERS	1:21:25		240	17	20
334	383	MEL JOHNSON	F	FV40	MANCHESTER FRONTRUNNERS	1:21:35	94		33	1
335	15	CLAIRE NAYLOR	F	FSEN	MANCHESTER FRONTRUNNERS	1:21:36	95		34	2
336	84	NICOLA BRUNDRETT	F	FV40	STC	1:21:41	96		34	1
337	81	MAX THICKETT	M	MV50	STOCKPORT TRI CLUB	1:21:41		241	79	10
338	270	ANDREW HOWLEN	M	MV60		1:21:53		242	18	64
339	102	AIMEE WOOLLEY	F	FV40	BELLE VUE RACERS	1:22:14	97		35	4
340	278	ROSS KENNEDY	M	MV40		1:22:16		243	84	65
341	392	MATTHEW DOOTSON	M	MSEN		1:22:25		244	62	66
342	42	ANGUS FYFE	M	MV60	RUNNING BEAR	1:22:27		245	19	2
343	381	JACKLYN COLDWELL	F	FV40		1:22:28	98		36	25
344	391	EMMA DOOTSON	F	FSEN	CHORLTON RUNNERS	1:22:29	99		35	10
345	144	SARAH BOOTH	F	FV40	MACCLESFIELD HARRIERS & AC	1:22:33	100		37	9
346	7	SHIRLEY RALPH	F	FV40	BRAMHALL RUNNERS	1:23:03	101		38	7
347	16	SALLY GRIMWOOD	F	FV40	CHORLTON RUNNERS	1:23:11	102		39	11
348	210	FIONA COOKE	F	FV50	BRAMHALL RUNNERS	1:23:23	103		26	8
349	182	ANDREA LEES	F	FV50	POYNTON RUNNERS	1:24:13	104		27	1

350	109	ANDREW FITTON	M	MV40		1:24:34		246	85	67
351	400	JULIA HOWLEN	F	FSEN		1:24:46	105		36	26
352	407	HELEN TODD	F	FV60	STOCKPORT HARRIERS & AC	1:24:47	106		3	6
353	115	SIMON LLOYD	M	MV40		1:24:48		247	86	68
354	138	PHIL CASWELL	M	MV40		1:25:07		248	87	69
355	161	JULIA DICKIE	F	FV50		1:25:18	107		28	27
356	48	MARLENA WHITE	F	FV40	CHORLTON RUNNERS	1:25:22	108		40	12
357	324	CHARLOTTE JOHN	F	FV40	DISLEY RUNNERS	1:25:46	109		41	2
358	456	JEN HUSDAN	F	FSEN		1:25:46	110		37	28
359	339	CLAIRE JOLLY	F	FV40	DISLEY RUNNERS	1:25:48	111		42	3
360	145	DIPIKA MORGAN	F	FV40	MACCLESFIELD HARRIERS & AC	1:25:57	112		43	10
361	77	MENNA GOODWIN	F	FV50	WARRINGTON RUNNING CLUB	1:26:09	113		29	1
362	78	DEBBIE HUSTON	F	FV50	WARRINGTON RUNNING CLUB	1:26:10	114		30	2
363	322	KEV WALSH	M	MV50	BRAMHALL RUNNERS	1:26:36		249	80	21
364	477	NICK VINE	M	MV50		1:26:56		250	81	70
365	209	HANNAH COATES	F	FSEN	CHORLTON RUNNERS	1:27:00	115		38	13
366	321	HANNAH DAVIES	F	FSEN		1:27:02	116		39	29
367	447	GARETH AMOS	M	MV40	WILMSLOW RUNNING CLUB	1:27:02		251	88	10
368	292	ROBERT SLEZAK	M	MSEN	STYAL RUNNING CLUB	1:27:22		252	63	2
369	141	IAN NASH	M	MV50		1:27:41		253	82	71
370	461	CATHERINE HETHERINGTON	F	FV40	POYNTON RUNNERS	1:27:45	117		44	2
371	460	MARK HETHERINGTON	M	MV40	POYNTON RUNNERS	1:27:46		254	89	7
372	273	JEFFERY HELEN	F	FV40		1:28:07	118		45	30
373	160	REBECCA SOGBETUN	F	FV50	WARRINGTON RUNNING CLUB	1:28:18	119		31	3
374	64	JULIA FOY	F	FV50	BELLE VUE RACERS	1:28:27	120		32	5
375	107	SAM COOKE	F	FV40	MARPLE RUNNERS	1:28:36	121		46	4
376	163	ANGELA ATHERTON	F	FV50		1:29:24	122		33	31
377	389	JAYNE SPEERS	F	FV40	MANCHESTER TRIATHLON CLUB	1:29:29	123		47	3
378	126	ROB JONES	M	MSEN		1:30:11		255	64	72
379	2	SARAH JONES	F	FSEN		1:30:26	124		40	32
380	51	REBECCA STORER	F	FSEN	BRAMHALL RUNNERS	1:30:30	125		41	9
381	103	JULIE LUCAS	F	FV60	WILMSLOW RUNNING CLUB	1:30:45	126		4	4
382	9	CATHERINE CUTHBERT	F	FV50	WALLASEY ATHLETIC CLUB	1:30:56	127		34	1
383	1	ARTHUR EMBLETON	M	MV40		1:30:57		256	90	73
384	471	MICHAEL CLARK	M	MV50	DISLEY RUNNERS	1:31:03		257	83	7
385	14	STE PARK	M	MV40	WARRINGTON RUNNING CLUB	1:31:15		258	91	1
386	304	EMMA NEWTON	F	FV50	WARRINGTON RUNNING CLUB	1:31:18	128		35	4
387	135	LIZ PARRIS	F	FV50	KNUTSFORD TRI CLUB	1:31:32	129		36	3
388	334	KAREN JAGAN	F	FV40	WARRINGTON VICTORIA PARK RUNNING CLUB	1:31:35	130		48	1
389	37	MARY ROBERTS	F	FV60		1:31:39	131		5	33
390	134	CLAIRE COULBY	F	FV50	BRAMHALL RUNNERS	1:31:59	132		37	10
391	106	VIKKI MURPHY	F	FV50	BRAMHALL RUNNERS	1:32:02	133		38	11
392	133	RICHARD COULBY	M	MV50	BRAMHALL RUNNERS	1:32:41		259	84	22
393	22	RHONA JOHNSON	F	FV60	BRAMHALL RUNNERS	1:33:10	134		6	12
394	184	CATHERINE JONES	F	FV60	BRAMHALL RUNNERS	1:33:46	135		7	13
395	185	MIKE UTTING	M	MV50	BRAMHALL RUNNERS	1:33:50		260	85	23
396	306	OLLIE NEAVE	M	MSEN		1:33:56		261	65	74
397	21	HELEN STONEHOUSE	F	FV40	MARPLE RUNNERS	1:34:01	136		49	5
398	3	ALEXIS DINSMOR	F	FV70	STOCKPORT HARRIERS & AC	1:34:04	137		2	7
399	301	KATHLEEN SHORE	F	FV40	STOCKPORT TRI CLUB	1:34:45	138		50	1



400	128	GILL JACKSON	F	FV50	STOCKPORT TRI CLUB	1:34:46	139	39	2
401	255	LAURA CARTER	F	FV50	STOCKPORT TRI CLUB	1:34:47	140	40	3
402	433	LUCY SWINDEN	F	FSEN	CHORLTON RUNNERS	1:34:48	141	42	14
403	318	LEIGHANNA O'FARRELL	F	FSEN		1:34:52	142	43	34
404	319	LISA O'FARRELL	F	FV50		1:35:03	143	41	35
405	288	KATIE DRAPER	F	FSEN		1:35:35	144	44	36
406	148	MARK CROASDALE	M	MSEN		1:35:36	262	66	75
407	43	EMMA MINSHULL	F	FV40	BRAMHALL RUNNERS	1:36:08	145	51	14
408	323	ELAINE RANDLE	F	FV50	BRAMHALL RUNNERS	1:36:11	146	42	15
409	25	BARRY JOHNSON	M	MV60	POYNTON RUNNERS	1:36:21	263	20	8
410	357	JO PODOLANSKI	F	FV50	BRAMHALL RUNNERS	1:36:24	147	43	16
411	326	HAYLEY HALL	F	FV50	BRAMHALL RUNNERS	1:36:29	148	44	17
412	212	DEBORAH CARTER	F	FV60		1:36:31	149	8	37
413	56	MARK GRUNDY	M	MV60	BRAMHALL RUNNERS	1:36:43	264	21	24
414	127	AIDAN MCGRATH	M	MV40	BELLE VUE RACERS	1:36:55	265	92	5
415	34	TERENCE LAWS	M	MV60		1:37:23	266	22	76
416	362	MIKE T HALL	M	MV60	BRAMHALL RUNNERS	1:40:52	267	23	25
417	474	SUZY VINE	F	FV50		1:41:47	150	45	38
418	398	TREVOR FAULKNER	M	MV80	WILMSLOW RUNNING CLUB	1:43:20	268	1	11
419	265	ANNA ASHTON	F	FV60	MARPLE RUNNERS	1:43:28	151	9	6
420	158	HAYES GILLIAN	F	FV40	WARRINGTON RUNNING CLUB	1:45:03	152	52	5
421	159	LISA LLOYD	F	FV50	WARRINGTON RUNNING CLUB	1:45:03	153	46	6
422	446	ANGE LEAH	F	FV50	WARRINGTON RUNNING CLUB	1:45:04	154	47	7
423	63	CLAIRE BRADLEY	F	FV40	MARPLE RUNNERS	1:46:38	155	53	7
424	150	ROB HEYWOOD	M	MV50	MARPLE RUNNERS	1:46:38	269	86	7
425	395	MANDY BEAMES	F	FV40	GLOSSOPDALE HARRIERS	1:47:39	156	54	1
426	394	SARAH LEAH	F	FV50	START2JOG	1:47:39	157	48	1
427	320	ANN-MARIE FAIRCLOUGH	F	FV60	MARPLE RUNNERS	1:47:56	158	10	8
428	294	SIMON RUSHTON	M	MV50	MARPLE RUNNERS	1:50:22	270	87	8
429	388	CAROLINE BELL	F	FV50	MARPLE RUNNERS	1:53:04	159	49	9
430	423	MARIA RUSHTON	F	FV50	MARPLE RUNNERS	1:53:04	160	50	10
431	151	CATHRYN MELIA	F	FV50	MARPLE RUNNERS	1:59:03	161	51	11
432	424	SARAH SMITH	F	FV40		1:59:05	162	55	39
433	62	KAREN ANDREW	F	FV50	MARPLE RUNNERS	1:59:06	163	52	12
434	196	ROGER ASHBY	M	MV80	PENNINE FELL RUNNERS	2:13:05	271	2	6